Quesadilla

1 tortilla	shredded cheese	plate	microwave

1. Put tortilla on a microwave safe plate
2. Lightly cover tortilla with shredded cheese
3. Heat in microwave 15-45 sec until cheese is melted.
4. Let cool and fold in half
5. Serve

Copyright © 2017 Lia Kurtin M.S., CCC-SLP www.SpeechandLanguageatHome.com